



vifalio

FREE PRINTABLE WORKBOOK

Active Memory

60+

Memory, attention and reasoning exercises to do at home

- Large-print word searches
- Number sequences, mental math and easy sudoku
- Mazes and attention games
- Classic proverbs and word scrambles
- 30-day plan + answer key at the end

A	C	F	U	B	J	A
I	R	V	M	N	O	N
U	P	E	M	I	D	B
E	R	G	I	O	N	J
M	E	M	O	R	Y	D
O	F	O	C	U	S	S
N	U	M	T	U	O	U

How to use this workbook

- 1 Do a little every day: 15 to 20 minutes already makes a difference. The routine matters more than speed.
- 2 Start with the easier exercises in each section. Mistakes are fine: erase and try again.
- 3 Use a pencil, good light and your reading glasses if you wear them. Print at actual size (Letter or A4).
- 4 For caregivers: do it together, talk about the answers and praise the effort. Doing it together counts double.
- 5 The answers are on the last pages. Check them only when you finish.

IMPORTANT

This workbook is a pastime and mental exercise. It does not treat or prevent any disease. If memory problems get in the way of daily life, talk to a doctor.

30-day plan

Mark an X on each day you complete. Suggested routine:

- Monday: word search
- Tuesday: math and sequences
- Wednesday: attention (find the odd one)
- Thursday: sudoku and maze
- Friday: words (proverbs and scrambles)
- Saturday: memory and categories
- Sunday: pick your favorite

Day 1 ☐	Day 2 ☐	Day 3 ☐	Day 4 ☐	Day 5 ☐	Day 6 ☐
Day 7 ☐	Day 8 ☐	Day 9 ☐	Day 10 ☐	Day 11 ☐	Day 12 ☐
Day 13 ☐	Day 14 ☐	Day 15 ☐	Day 16 ☐	Day 17 ☐	Day 18 ☐
Day 19 ☐	Day 20 ☐	Day 21 ☐	Day 22 ☐	Day 23 ☐	Day 24 ☐
Day 25 ☐	Day 26 ☐	Day 27 ☐	Day 28 ☐	Day 29 ☐	Day 30 ☐

Word search 1

Find the hidden words in the grid. They run across, down or diagonally. Check off each word you find.

FRUITS

A	M	M	A	I	U	E	B	O	F	I	C
E	N	M	U	R	P	F	M	A	N	G	O
R	S	J	O	F	S	E	A	C	C	B	U
M	T	P	D	R	V	V	A	P	E	F	C
G	T	P	E	C	A	L	E	C	J	L	H
N	C	B	G	T	T	N	E	M	H	P	E
B	B	G	I	R	L	A	G	M	C	I	R
E	I	A	P	G	A	O	P	E	O	D	R
S	L	H	N	D	I	P	F	P	A	N	Y
A	N	V	P	A	U	B	E	L	L	H	I
R	G	T	U	T	N	L	L	A	E	E	J
M	M	N	N	B	H	A	S	C	G	E	D

☐ BANANA☐ ORANGE☐ MANGO☐ GRAPE☐ APPLE☐ CHERRY☐ LEMON☐ PEACH

Word search 2

Find the hidden words in the grid. They run across, down or diagonally. Check off each word you find.

IN THE KITCHEN

E	F	K	M	G	C	U	H	J	O	E	T
V	P	I	N	L	R	T	P	S	G	N	H
G	V	U	T	I	V	S	F	S	T	M	S
B	N	D	R	F	F	J	T	P	C	S	N
I	O	F	G	L	P	E	G	O	F	H	S
O	E	E	V	R	T	H	A	O	V	C	H
N	I	E	D	D	E	B	A	N	P	E	O
I	L	I	P	O	H	O	O	G	L	J	G
A	P	F	O	R	K	W	G	P	A	U	G
H	I	C	F	N	R	L	E	A	T	I	I
O	H	F	O	K	E	T	T	L	E	H	F
C	D	R	D	F	I	F	F	O	V	E	N

☐ SPOON☐ STOVE☐ PLATE☐ FORK☐ KETTLE☐ OVEN☐ BOWL☐ KNIFE

Word search 3

Find the hidden words in the grid. They run across, down or diagonally. Check off each word you find.

ANIMALS

J	G	S	P	S	G	S	J	B	R	E	E
O	S	I	D	R	M	H	D	C	J	R	D
U	D	N	J	A	T	R	O	V	V	N	N
S	H	E	E	P	T	P	I	R	C	F	P
B	L	J	A	T	H	U	U	H	S	V	D
H	H	N	E	U	C	R	R	N	A	E	U
R	P	L	C	T	E	B	A	T	L	I	C
H	T	I	G	E	R	T	D	B	L	P	K
J	N	F	F	I	M	S	V	B	B	E	V
R	M	E	L	C	A	V	N	F	O	I	O
J	J	V	T	L	O	I	I	S	B	N	T
D	O	N	K	E	Y	E	A	G	L	E	V

☐ HORSE☐ TURTLE☐ RABBIT☐ DONKEY☐ TIGER☐ DUCK☐ SHEEP☐ EAGLE

Word search 4

Find the hidden words in the grid. They run across, down or diagonally. Check off each word you find.

COLORS

H	I	F	U	B	D	B	V	D	F	I	T
O	B	L	A	C	K	L	C	M	V	T	G
D	W	H	I	T	E	B	P	T	R	E	H
E	F	S	F	B	Y	E	L	L	O	W	T
N	B	E	P	F	G	B	V	P	C	B	E
C	A	E	H	D	C	R	R	V	T	O	T
B	R	P	U	R	P	L	E	O	T	G	O
L	J	A	A	R	S	S	A	P	W	U	A
U	I	A	G	R	P	D	C	I	G	N	U
E	H	U	C	V	J	D	U	N	F	C	A
O	G	F	N	L	T	F	H	K	C	F	G
H	H	G	R	E	E	N	U	C	G	B	N

☐ BLUE☐ YELLOW☐ GREEN☐ PURPLE☐ WHITE☐ BLACK☐ PINK☐ BROWN

Word search 5

Find the hidden words in the grid. They run across, down or diagonally. Check off each word you find.

IN THE GARDEN

U	J	S	D	U	O	M	J	I	U	E	D
T	R	N	M	U	A	T	G	G	B	V	F
L	T	U	L	I	P	O	P	U	S	F	B
C	C	M	U	J	I	H	M	O	J	C	D
D	R	F	O	V	G	R	A	S	S	L	C
H	D	B	J	G	H	D	M	F	S	G	V
I	I	A	D	R	R	T	R	E	E	S	T
R	A	V	I	F	E	O	G	U	B	S	P
L	H	M	M	S	M	L	S	A	G	E	L
N	L	D	H	H	Y	I	E	E	C	E	I
C	G	B	B	T	C	M	C	A	L	D	P
P	R	S	O	I	L	R	F	R	F	A	A

☐ ROSE☐ DAISY☐ GRASS☐ TREE☐ SEED☐ TULIP☐ SOIL☐ LEAF

Word search 6

Find the hidden words in the grid. They run across, down or diagonally. Check off each word you find.

JOBS

M	P	T	J	V	I	R	P	O	H	E	E
R	G	E	H	N	B	A	K	E	R	G	L
U	T	G	E	U	L	I	E	U	M	T	P
T	T	N	G	R	O	F	A	R	M	E	R
H	E	S	D	S	M	D	O	C	T	O	R
N	N	A	E	E	F	U	B	M	T	D	S
C	D	T	C	R	N	R	S	H	T	R	A
G	D	O	D	H	M	T	H	J	G	I	E
A	C	T	J	I	E	D	I	L	P	V	A
O	S	T	G	D	J	R	I	S	B	E	J
A	R	G	J	F	B	V	L	A	T	R	S
F	S	P	I	L	O	T	L	L	D	B	I

☐ DOCTOR☐ NURSE☐ TEACHER☐ BAKER☐ FARMER☐ DRIVER☐ DENTIST☐ PILOT

Word search 7

Find the hidden words in the grid. They run across, down or diagonally. Check off each word you find.

AT THE PARTY

I	C	H	I	O	O	H	C	V	J	N	J
J	B	N	J	F	H	H	C	A	K	E	U
D	V	F	D	P	G	G	G	I	F	T	J
R	R	R	T	A	S	P	L	A	N	V	U
B	C	I	R	N	N	D	S	L	C	I	A
H	A	E	N	T	V	C	J	I	A	N	N
M	N	N	U	S	H	N	E	O	N	O	E
O	D	D	P	O	U	O	C	J	D	E	E
C	L	S	E	A	N	H	J	L	Y	E	R
C	E	A	S	B	A	L	L	O	O	N	U
T	L	H	N	J	L	D	E	E	P	U	E
O	G	B	D	M	U	S	I	C	C	J	V

☐ CAKE☐ CANDLE☐ BALLOON☐ CANDY☐ MUSIC☐ DANCE☐ FRIENDS☐ GIFT

Word search 8

Find the hidden words in the grid. They run across, down or diagonally. Check off each word you find.

US STATES

☐ TEXAS☐ OHIO☐ IOWA☐ MAINE☐ IDAHO☐ UTAH☐ NEVADA☐ GEORGIA

Number sequences 1

Find the rule and write the next number in each sequence.

1.

3

7

11

15

19

2.

40

37

34

31

28

3.

2

4

8

16

32

4.

6

9

7

10

8

5.

4

9

16

25

36

6.

4

5

7

10

14

7.

18

28

38

48

58

8.

48

45

42

39

36

9.

3

6

12

24

48

10.

8

10

9

11

10

Number sequences 2

Find the rule and write the next number in each sequence.

1.

13

18

23

28

33

2.

52

49

46

43

40

3.

1

2

4

8

16

4.

7

9

7

9

7

5.

4

9

16

25

36

6.

4

5

7

10

14

7.

2

12

22

32

42

8.

52

49

46

43

40

9.

1

2

4

8

16

10.

8

10

8

10

8

Number sequences 3

Find the rule and write the next number in each sequence.

1.

3

5

7

9

11

2.

78

75

72

69

66

3.

1

2

4

8

16

4.

1

4

3

6

5

5.

9

16

25

36

49

6.

1

2

4

7

11

7.

8

12

16

20

24

8.

46

41

36

31

26

9.

3

6

12

24

48

10.

3

5

4

6

5

Mental math 1

Try to do them without a calculator. If you need to, use the space next to each one.

$36 + 36 = \underline{\hspace{2cm}}$

$99 - 63 = \underline{\hspace{2cm}}$

$5 \times 6 = \underline{\hspace{2cm}}$

$15 : 3 = \underline{\hspace{2cm}}$

$44 + 13 = \underline{\hspace{2cm}}$

$42 - 33 = \underline{\hspace{2cm}}$

$6 \times 2 = \underline{\hspace{2cm}}$

$24 : 4 = \underline{\hspace{2cm}}$

$46 + 25 = \underline{\hspace{2cm}}$

$90 - 33 = \underline{\hspace{2cm}}$

$9 \times 2 = \underline{\hspace{2cm}}$

$6 : 2 = \underline{\hspace{2cm}}$

$39 + 23 = \underline{\hspace{2cm}}$

$54 - 26 = \underline{\hspace{2cm}}$

$4 \times 2 = \underline{\hspace{2cm}}$

$14 : 7 = \underline{\hspace{2cm}}$

Mental math 2

Try to do them without a calculator. If you need to, use the space next to each one.

$46 + 39 = \underline{\hspace{2cm}}$

$82 - 65 = \underline{\hspace{2cm}}$

$5 \times 2 = \underline{\hspace{2cm}}$

$64 : 8 = \underline{\hspace{2cm}}$

$23 + 37 = \underline{\hspace{2cm}}$

$80 - 48 = \underline{\hspace{2cm}}$

$3 \times 2 = \underline{\hspace{2cm}}$

$20 : 5 = \underline{\hspace{2cm}}$

$43 + 8 = \underline{\hspace{2cm}}$

$39 - 32 = \underline{\hspace{2cm}}$

$7 \times 8 = \underline{\hspace{2cm}}$

$54 : 9 = \underline{\hspace{2cm}}$

$45 + 33 = \underline{\hspace{2cm}}$

$78 - 42 = \underline{\hspace{2cm}}$

$4 \times 3 = \underline{\hspace{2cm}}$

$12 : 2 = \underline{\hspace{2cm}}$

Mental math 3

Try to do them without a calculator. If you need to, use the space next to each one.

$13 + 20 = \underline{\hspace{2cm}}$

$54 - 10 = \underline{\hspace{2cm}}$

$6 \times 8 = \underline{\hspace{2cm}}$

$32 : 4 = \underline{\hspace{2cm}}$

$41 + 10 = \underline{\hspace{2cm}}$

$62 - 38 = \underline{\hspace{2cm}}$

$2 \times 3 = \underline{\hspace{2cm}}$

$32 : 8 = \underline{\hspace{2cm}}$

$42 + 23 = \underline{\hspace{2cm}}$

$30 - 24 = \underline{\hspace{2cm}}$

$8 \times 6 = \underline{\hspace{2cm}}$

$10 : 2 = \underline{\hspace{2cm}}$

$24 + 26 = \underline{\hspace{2cm}}$

$49 - 15 = \underline{\hspace{2cm}}$

$5 \times 6 = \underline{\hspace{2cm}}$

$15 : 3 = \underline{\hspace{2cm}}$

Find the odd one 1

In each box all the symbols are the same, except one. Find it and circle it.

E	E	E	E	E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E	E	E	E	E
E	F	E	E	E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E	E	E	E	E
E	E	E	E	E	E	E	E	E	E	E	E	E	E

M	M	M	M	M	M	M	M	M	M	M	M	M	M
M	M	M	M	M	M	M	M	M	M	M	M	M	M
M	M	M	M	M	M	M	M	M	M	M	M	M	M
M	M	M	M	N	M	M	M	M	M	M	M	M	M
M	M	M	M	M	M	M	M	M	M	M	M	M	M
M	M	M	M	M	M	M	M	M	M	M	M	M	M
M	M	M	M	M	M	M	M	M	M	M	M	M	M

Find the odd one 2

In each box all the symbols are the same, except one. Find it and circle it.

b	b	b	b	b	b	b	b	b	b	b	b	b
b	b	b	b	b	b	b	b	b	b	b	b	b
b	b	b	b	b	b	b	b	b	b	b	b	b
b	b	b	b	b	b	b	b	b	b	b	b	b
b	b	b	b	b	b	b	b	b	b	b	b	b
b	b	b	b	b	b	b	b	b	b	b	b	b
b	b	b	b	b	b	b	d	b	b	b	b	b

p	p	p	p	p	p	p	p	p	p	p	q	p
p	p	p	p	p	p	p	p	p	p	p	p	p
p	p	p	p	p	p	p	p	p	p	p	p	p
p	p	p	p	p	p	p	p	p	p	p	p	p
p	p	p	p	p	p	p	p	p	p	p	p	p
p	p	p	p	p	p	p	p	p	p	p	p	p
p	p	p	p	p	p	p	p	p	p	p	p	p

Find the odd one 3

In each box all the symbols are the same, except one. Find it and circle it.

8	8	8	8	8	8	8	8	8	8	8	8	8
8	8	8	8	8	8	8	8	8	3	8	8	8
8	8	8	8	8	8	8	8	8	8	8	8	8
8	8	8	8	8	8	8	8	8	8	8	8	8
8	8	8	8	8	8	8	8	8	8	8	8	8
8	8	8	8	8	8	8	8	8	8	8	8	8
8	8	8	8	8	8	8	8	8	8	8	8	8

W	W	W	W	W	W	W	W	W	W	W	W	W
W	W	W	W	W	W	W	W	W	W	W	W	W
V	W	W	W	W	W	W	W	W	W	W	W	W
W	W	W	W	W	W	W	W	W	W	W	W	W
W	W	W	W	W	W	W	W	W	W	W	W	W
W	W	W	W	W	W	W	W	W	W	W	W	W
W	W	W	W	W	W	W	W	W	W	W	W	W

Easy sudoku 1

Fill in the grid so that every row, every column and every outlined block has all the numbers, with no repeats.

A

1	3		
2	4	1	
4	1		2
3			

B

	3		4
	2	3	
2		4	
3	4	1	

C

3	4		
2	1	3	
4			
1		4	2

D

3	4	2	
1	2		
2		1	4
	1		

Easy sudoku 2

Fill in the grid so that every row, every column and every outlined block has all the numbers, with no repeats.

A

4	1		3
	2		
2			1
	3	4	2

B

	3	1	
	4	2	
		3	1
3		4	2

C

3	1	4	
	2	3	1
			3
	3	1	

D

1		4	2
4			3
2		3	4
	4		

Easy sudoku 3

Fill in the grid so that every row, every column and every outlined block has all the numbers, with no repeats.

A

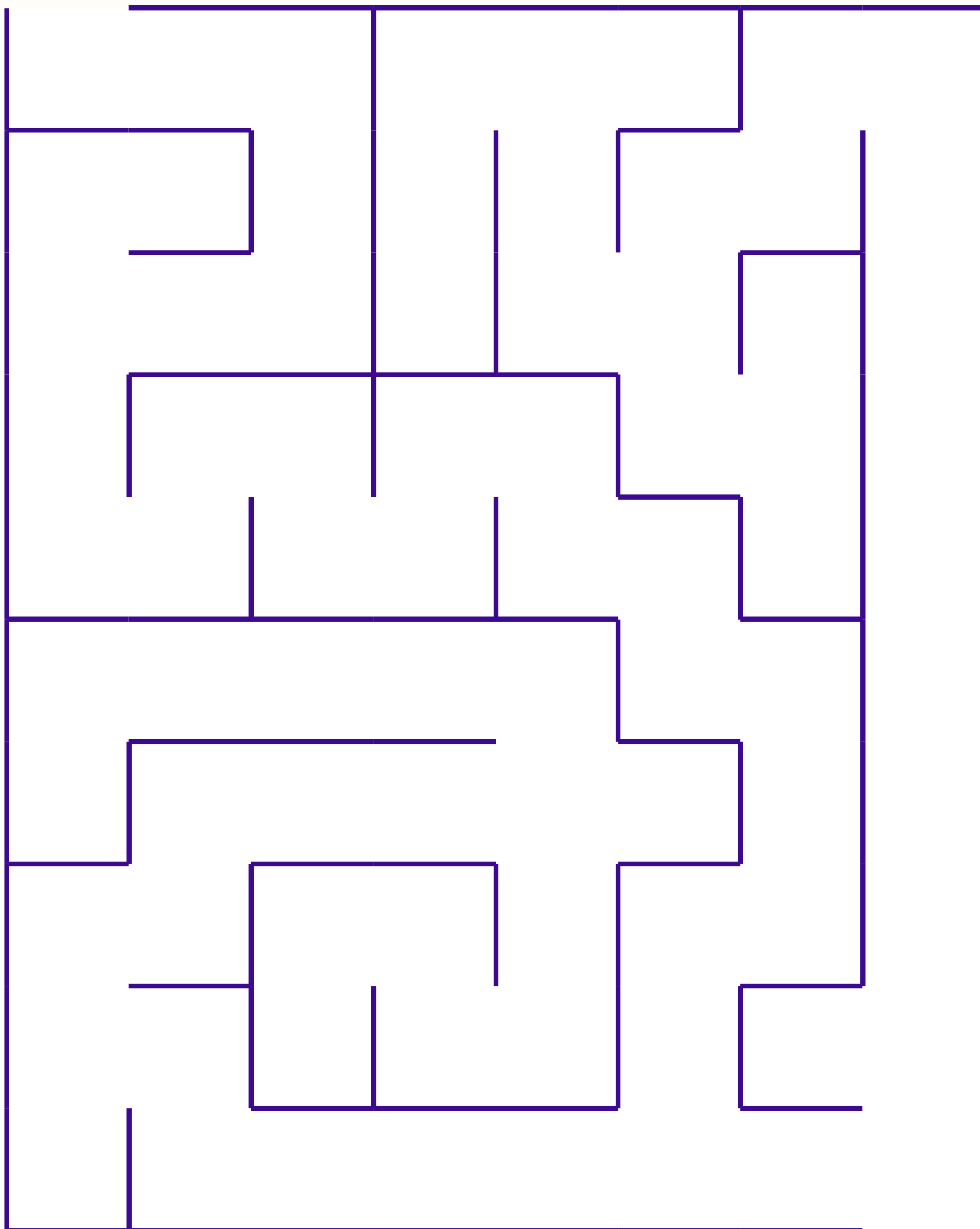
				4	5
	5		1	3	
4				5	1
	1		4	2	6
	3	6	2	1	4
		1	5	6	

B

	1	2		6	
				5	1
2	6	3	1	4	
		1		2	6
3		5			2
	2		5	3	4

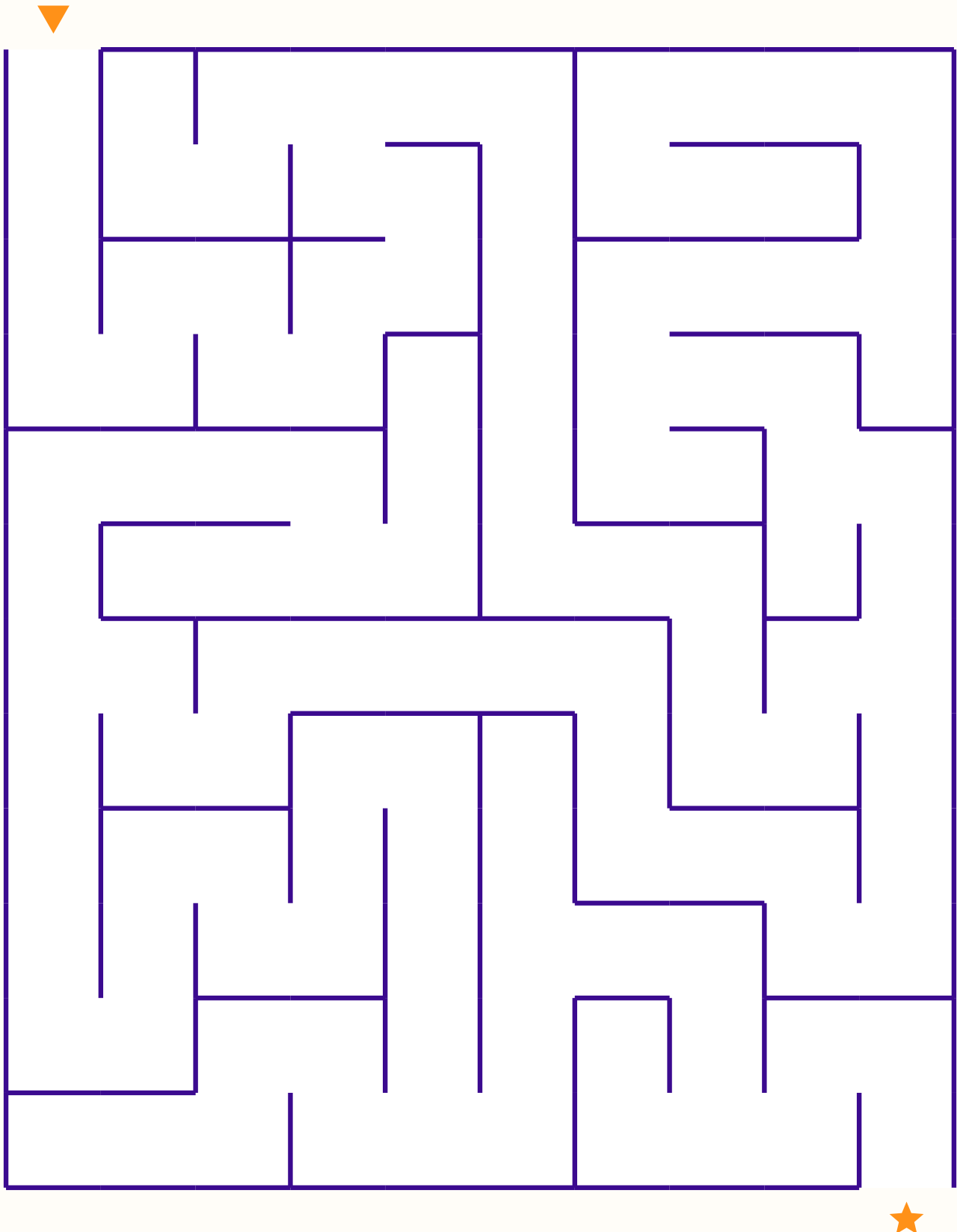
Maze 1

Start at the orange arrow and find your way to the star without crossing any walls.



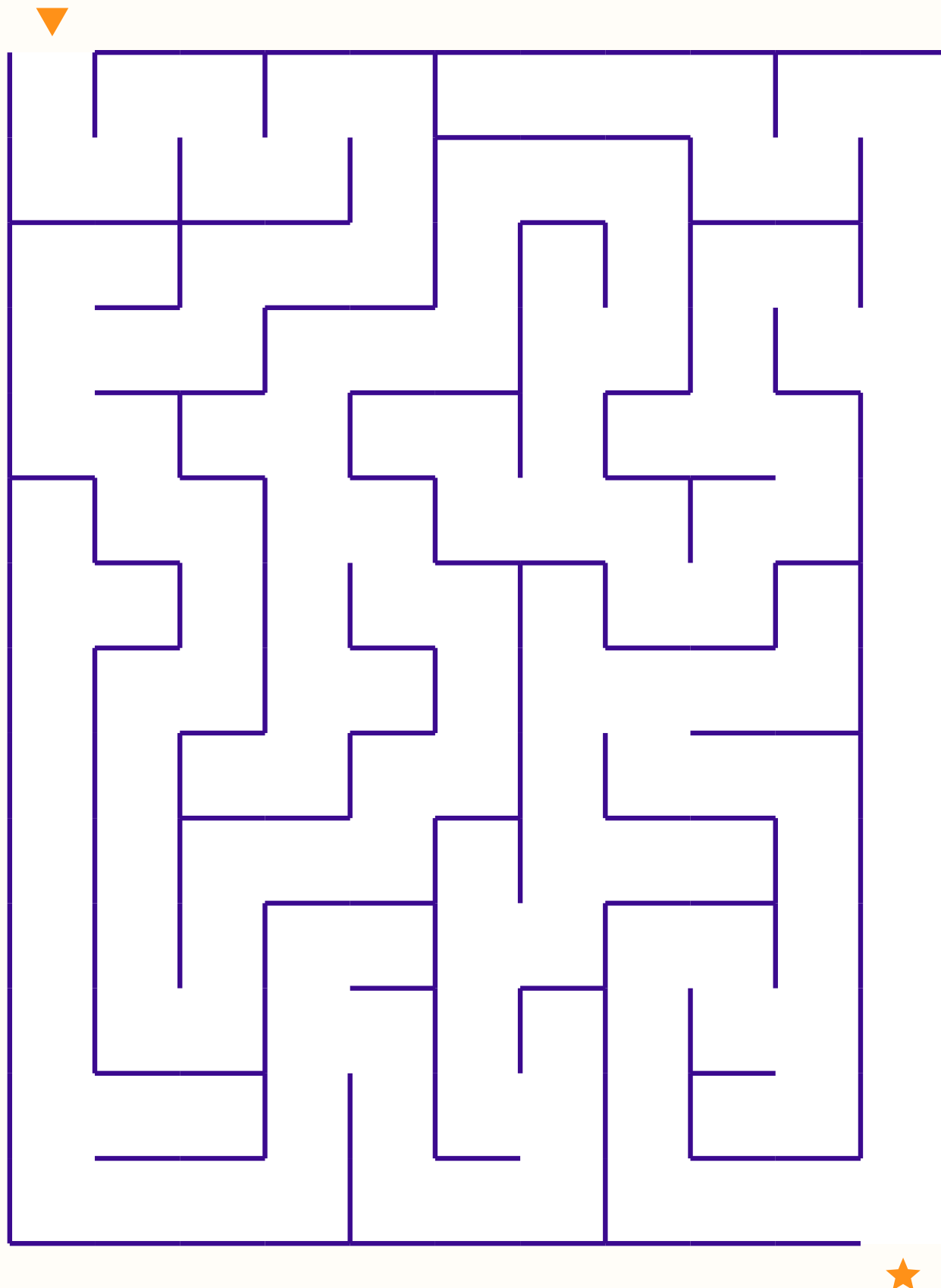
Maze 2

Start at the orange arrow and find your way to the star without crossing any walls.



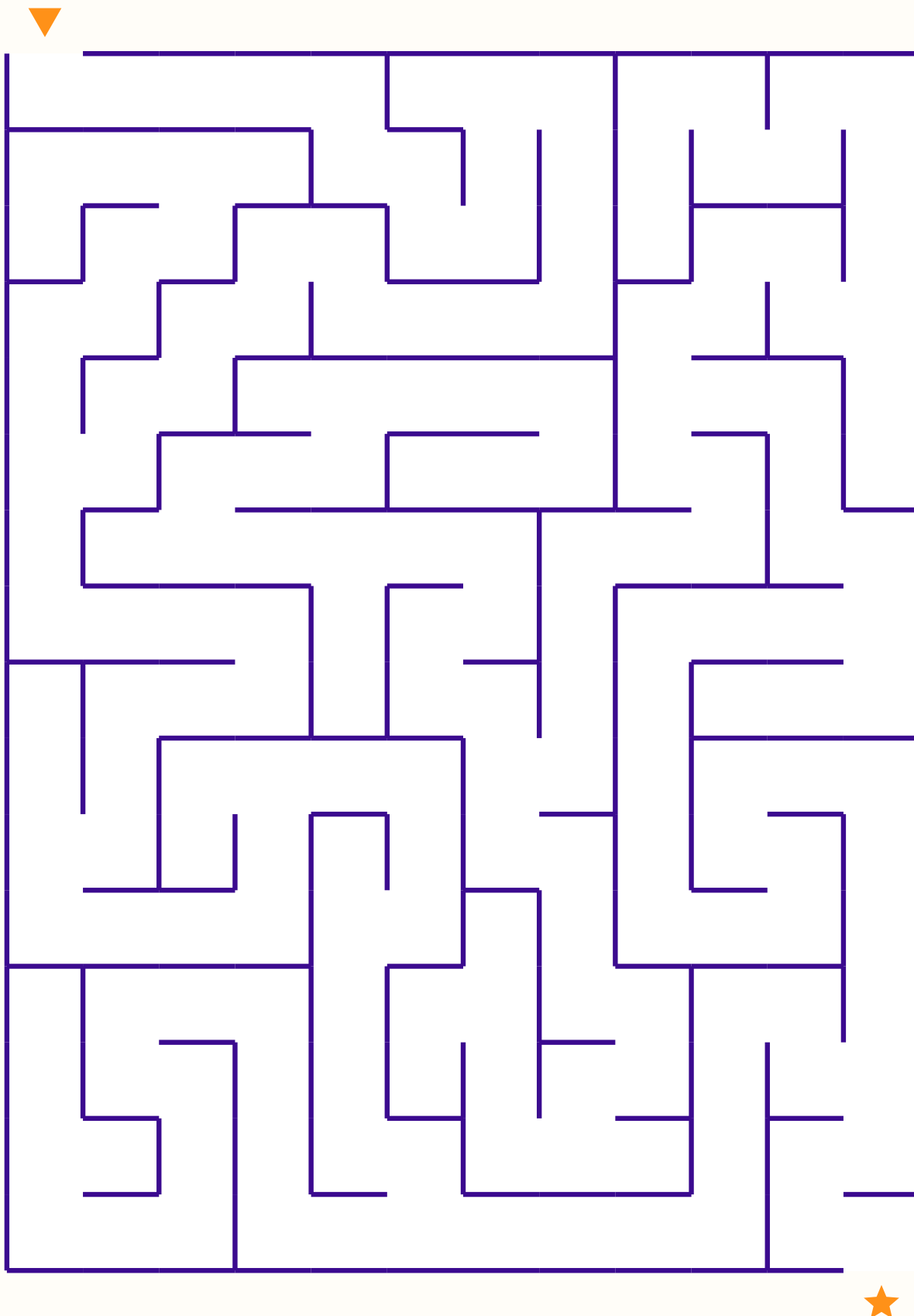
Maze 3

Start at the orange arrow and find your way to the star without crossing any walls.



Maze 4

Start at the orange arrow and find your way to the star without crossing any walls.



Word scramble 1

The letters of each word are mixed up. Use the hint to find the right word.

FRUIT

1. **A N A N A B**

FRUIT

2. **E H R Y R C**

ANIMAL

3. **E H A E L T N P**

ANIMAL

4. **E F A F R I G**

COLOR

5. **Y O E W L L**

KITCHEN

6. **E T L K E T**

HOUSE

7. **N D I W W O**

HOUSE

8. **A R I H C**

BODY

9. **U O S D R E L H**

BODY

10. **E E N K**

Word scramble 2

The letters of each word are mixed up. Use the hint to find the right word.

TIME

1. **M D Y N O A**

TIME

2. **A J Y U N R A**

CLOTHES

3. **H S I R T**

CLOTHES

4. **K C A J T E**

FLOWER

5. **C H R O D I**

DRINK

6. **A M O E N L E D**

JOB

7. **E N I H C C A M**

MUSIC

8. **R G U A I T**

SCHOOL

9. **O K E O N B O T**

STREET

10. **C L I C E Y B**

Finish the proverb 1

Complete each well-known saying with the missing word.

1. Better late than _____.
2. The early bird catches the _____.
3. A bird in the hand is worth two in the _____.
4. An apple a day keeps the doctor _____.
5. Do not count your chickens before they _____.
6. Actions speak louder than _____.
7. Every cloud has a silver _____.
8. Where there is a will, there is a _____.
9. Practice makes _____.
10. Two heads are better than _____.

Finish the proverb 2

Complete each well-known saying with the missing word.

1. Rome was not built in a _____.
2. Look before you _____.
3. Honesty is the best _____.
4. Laughter is the best _____.
5. A penny saved is a penny _____.
6. Do not judge a book by its _____.
7. Home is where the heart _____.
8. All is well that ends _____.
9. Slow and steady wins the _____.
10. Birds of a feather flock _____.

Memory list 1

Read the list calmly for 1 minute. Then cover it with a sheet of paper and write down every word you remember.

BALL**WINDOW****COFFEE****SHOE****MOON****PEN****TABLE****FLOWER****CLOCK****BREAD**

Write the words you remember here:

Memory list 2

Read the list calmly for 1 minute. Then cover it with a sheet of paper and write down every word you remember.

KEY**RIVER****BENCH****BOOK****SUITCASE****FISH****SUN****HAT****RUG****CORN**

Write the words you remember here:

Memory list 3

Read the list calmly for 1 minute. Then cover it with a sheet of paper and write down every word you remember.

GLASSES

BEACH

MILK

LADDER

VASE

TRAIN

BELL

PURSE

COMB

GRAPE

Write the words you remember here:

Memory list 4

Read the list calmly for 1 minute. Then cover it with a sheet of paper and write down every word you remember.

LETTER**BRIDGE****EGG****ROOF****BUCKET****CLOUD****BOTTLE****PENCIL****BED****BEANS**

Write the words you remember here:

Letter hunt 1

Read the text carefully and count how many times the letter appears (capital or lowercase).

Grandma Ann wakes up early, makes a fresh pot of coffee and sits on the porch to watch the street wake up. Later she waters the plants, feeds Lala the cat and writes her tasks for the week in a notebook.

How many times does the letter appear: "A" Answer: _____

There once was a shoemaker who lived near the station. Every Monday he opened the shop at seven, sorted the shoes of each customer and returned them well polished, always with a smile and a friendly hello.

How many times does the letter appear: "E" Answer: _____

Letter hunt 2

Read the text carefully and count how many times the letter appears (capital or lowercase).

Sunday morning was sunny. The whole town went to the old park: the young ones played ball, the grandparents talked on the benches and the corn bread seller sold out long before noon.

How many times does the letter appear: "O" Answer: _____

In September, Susan and her husband Steve visited the mountains. They hiked steep trails, sipped hot soup and, at sunset, sat by the fire to listen to stories from the locals.

How many times does the letter appear: "S" Answer: _____

Categories 1

Write one word for each category that starts with the letter shown.

	First name	Fruit or food	City	Household item	Animal
A					
B					
C					
M					
P					
S					
T					
R					

Answers

Word search 1

BANANA, ORANGE, MANGO, GRAPE, APPLE, CHERRY, LEMON, PEACH

Word search 2

SPOON, STOVE, PLATE, FORK, KETTLE, OVEN, BOWL, KNIFE

Word search 3

HORSE, TURTLE, RABBIT, DONKEY, TIGER, DUCK, SHEEP, EAGLE

Word search 4

BLUE, YELLOW, GREEN, PURPLE, WHITE, BLACK, PINK, BROWN

Word search 5

ROSE, DAISY, GRASS, TREE, SEED, TULIP, SOIL, LEAF

Word search 6

DOCTOR, NURSE, TEACHER, BAKER, FARMER, DRIVER, DENTIST, PILOT

Word search 7

CAKE, CANDLE, BALLOON, CANDY, MUSIC, DANCE, FRIENDS, GIFT

Word search 8

TEXAS, OHIO, IOWA, MAINE, IDAHO, UTAH, NEVADA, GEORGIA

Number sequences 1

1) 23 2) 25 3) 64 4) 11 5) 49 6) 19 7) 68 8) 33 9) 96 10) 12

Number sequences 2

1) 38 2) 37 3) 32 4) 9 5) 49 6) 19 7) 52 8) 37 9) 32 10) 10

Number sequences 3

1) 13 2) 63 3) 32 4) 8 5) 64 6) 16 7) 28 8) 21 9) 96 10) 7

Mental math 1

1) 72 2) 36 3) 30 4) 5 5) 57 6) 9 7) 12 8) 6 9) 71 10) 57 11) 18 12) 3 13) 62 14) 28 15) 8 16) 2

Mental math 2

1) 85 2) 17 3) 10 4) 8 5) 60 6) 32 7) 6 8) 4 9) 51 10) 7 11) 56 12) 6 13) 78 14) 36 15) 12 16) 6

Mental math 3

1) 33 2) 44 3) 48 4) 8 5) 51 6) 24 7) 6 8) 4 9) 65 10) 6 11) 48 12) 5 13) 50 14) 34 15) 30 16) 5

Find the odd one 1

A: row 4, column 2 B: row 4, column 5

Find the odd one 2

A: row 7, column 8 B: row 1, column 12

Answers

Find the odd one 3

A: row 2, column 10 B: row 3, column 1

Easy sudoku 1

A: 1324 / 2413 / 4132 / 3241 B: 1324 / 4231 / 2143 / 3412 C: 3421 / 2134 / 4213 / 1342 D: 3421 / 1243 / 2314 / 4132

Easy sudoku 2

A: 4123 / 3214 / 2431 / 1342 B: 2314 / 1423 / 4231 / 3142 C: 3142 / 4231 / 1423 / 2314 D: 1342 / 4213 / 2134 / 3421

Easy sudoku 3

A: 123645 / 654132 / 462351 / 315426 / 536214 / 241563 B: 512463 / 634251 / 263145 / 451326 / 345612 / 126534

Word scramble 1

1) BANANA 2) CHERRY 3) ELEPHANT 4) GIRAFFE 5) YELLOW 6) KETTLE 7) WINDOW 8) CHAIR 9) SHOULDER 10) KNEE

Word scramble 2

1) MONDAY 2) JANUARY 3) SHIRT 4) JACKET 5) ORCHID 6) LEMONADE 7) MECHANIC 8) GUITAR 9) NOTEBOOK 10) BICYCLE

Finish the proverb 1

1) never 2) worm 3) bush 4) away 5) hatch 6) words 7) lining 8) way 9) perfect 10) one

Finish the proverb 2

1) day 2) leap 3) policy 4) medicine 5) earned 6) cover 7) is 8) well 9) race 10) together

Letter hunt 1

A = 19 E = 29

Letter hunt 2

O = 15 S = 18

Well done!

- 1 Come back in a week to the exercises that felt hard: you will notice the difference.
- 2 Print your favorite pages again and do them one more time.
- 3 Talk with friends, read, take walks and sleep well: your mind will thank you.

Enjoyed it? Share it with someone in your family.

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